



Synchro Skills Sessions

All sessions will be held at Magna Centre

Saturday, April 13th 5:00-6:30 pm FORHAN

Saturday, April 20th 5:00-6:30 pm FORHAN

Saturday, April 27th 5:00-6:30 pm FORHAN

Saturday, May 4th 5:15-6:45 pm PFAFF

Saturday, May 11th 5:15-6:56 pm PFAFF

Figure Skating Off-Ice Bootcamp from 6:45-7:45 pm
(Taught by Flexafit)

Cost: \$75.00 per skater



Guest Presenters

VESNA MARKOVICH: SKATING SKILLS EXPERT
(all 5 weeks)



Bachelor of Fine Arts Degree in Dance from York University
Certified Level 3 coach and partial Level 4.
Coaching Course Conductor for Skate Canada
On-Ice Presenter for Skate Ontario and Central Ontario Section's Development Seminars

Vesna specializes in:

- 1) Skating Fundamentals: stroking and turning mechanics**
- 2) Performance.**
- 3) Body Alignment.**

Vesna has experience coaching all levels of competitive skaters from grassroots to senior level, including international experience. Vesna herself has trained and performed with the *Jennifer Muller Modern Dance Company* in New York City and the *Erick Hawkins Modern Dance Company* in New York City.

JODY JONES: SYNCHRO Expert
(April 13 and May 4)



- Level 3 Certified NCCP, Triple Gold Test skater, Coaching Course Conductor for Synchronized Skating/Skate Canada
- Choreographer/Edge & Skills Coach for YRSA winter club – Richmond Hill, On (2012-present)
- 4 time Coaching Member of the World Synchronized Skating Team (2001-2004)
- Head Coach, Choreographer and Director for FUSION Synchronized Skating Teams (2002-2012)
- 11 National Championship Titles – Adult, Novice, Junior and Senior Synchronized Skating Teams
- Skate Canada Coach for the past 30 years and has worked with skaters from all levels and disciplines in Figure Skating, including an extensive background in Synchronized Skating.
- Jody has worked with teams/skaters all over Canada, Finland, Australia, and the United States.
- Jody's passion for teaching "SOLID BASICS", balance and control of the edge, along with "movement through music" shines through in her positive coaching methods.

CAITLIN MCKINNON

(April 20)



- Caitie is a retired Newmarket Skating Club skater.
- Quadruple gold medalist through Skate Canada and has completed the diamond dances
- Skated with Newmarket's Iced Energy teams for 6 years.
- In 2011, Caitie made the switch to the junior competitive synchronized skating team in Leaside, where she stayed for 2 years before auditioning and being named part of Team Canada in 2013.
- In two years with NEXXICE Senior (Team Canada), she gained two national titles as well as a silver medal at the 2014 World Championships in Italy and a gold medal at the hometown World Championships in 2015.
- Beyond her competitive skating career, Caitie spent two years with the varsity team at Ryerson University and went on to become the head coach of Meraki B2 in Leaside and Shiver A1 in East Gwillimbury.